

# Critical Incident Stress Management: Individual Crisis Intervention and Peer Support

*Sponsored by Arizona Southern Baptist Disaster Relief*

Crisis intervention is a specialized acute emergency mental health intervention that requires specialized training. Crisis intervention is sometimes called “emotional first-aid” and is typically done individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual intervention.

The audience for this class includes chaplains, clergy, laity, emergency services, law enforcement, military, and business/industrial peer support personnel without formal training in mental health, as well as mental health professionals, who desire to increase their knowledge of individual (one-on-one) crisis intervention techniques.

**This is a required course for Arizona Southern Baptist Disaster Relief Chaplains.**

The topics listed below will be covered over the course of two days.

- The concept of CISM as a comprehensive crisis intervention program
- The role of the individual crisis intervention in the comprehensive CISM program
- Terms and concepts relevant to the study of crisis, traumatic stress and crisis intervention
- Differential utilities of selected crisis communication techniques
- Demonstration of selected crisis communication techniques
- Psychological reactions to crisis and trauma
- SAFER protocol for individual crisis intervention and its role in comprehensive CISM
- Demonstration of the use of SAFER protocol for individual crisis intervention
- Review of common problems encountered while working with individuals in crisis

***When people respond to disasters and crisis events, “gate keepers” often use completion of CISM courses as the criteria for allowing people to participate in the response. This is the crisis management system adopted by the United Nations as their official protocol for crisis intervention response among member nations.***

**Location:** SonRise Community Church  
29505 N Scottsdale Road  
Scottsdale, AZ 85266

**Cost:** \$350 **\$100 Until May 24**  
**\$125 After May 24**

*Registration is confirmed when payment is received*

**Date:** Friday & Saturday, June 18-19, 2010

**Time:** 9:00 am—5:00 pm both days  
*Lunch included both days*

**Contact:** Naomi Paget [npaget@earthlink.net](mailto:npaget@earthlink.net)  
Or Tracy Baker [tlbaker@azsobaptist.org](mailto:tlbaker@azsobaptist.org)

**Make check payable to Arizona Southern Baptist Convention and mail reservation and check to 2240 N Hayden Rd Ste 100  
Scottsdale AZ 85257**

**Instructor:** Dr. Naomi Paget  
FBI Chaplain and Crisis Interventionist

*Included in the cost of training is the official International Critical Incident Stress Foundation training manual, certified ICISF instructor, certificate of completion, opportunity for discount membership to ICISF, and CEU's (13 contact hours) from the University of Maryland Baltimore County. All hours of the course must be completed to receive the official certificate. There will be no refunds or transfers allowed.*